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# *The Commonwealth of Massachusetts*

## *Department of State Police*

*Division of Standards and Training*

*State Police Academy*

*340 West Brookfield Road*

*New Braintree, Massachusetts 01531*

September 14, 2011

From: Captain David H. Otte #1682, Commandant, State Police Academy  
To: 80<sup>th</sup> Recruit Training Troop Candidates  
Subject: 80<sup>th</sup> Recruit Training Troop - Equipment List

1. Each trainee will be responsible for the purchase or procurement of the equipment listed below. Items on this list will be brought to the Academy on Day 1 of training. It is imperative that you bring with you **only** the items which you see on this list.

1. One (1) pair of shower shoes
2. Toilet articles (contained in 1 gallon clear zip lock bag)
  - ▶ Females: Place feminine hygiene items in a separate clear zip lock bag
3. Four (4) bath towels (solid white color)
4. Six (6) pair athletic socks (solid white, crew)
5. Six (6) pair running socks (solid white, ankle)
6. Laundry bag (color white: mesh)
7. One (1) swimsuit, navy
  - ▶ Females – one piece suit
  - ▶ Males – boxer type
8. One (1) pair of cross training shoes (examples and guidance on footwear to be given at orientation)
9. One (1) pair of running shoes (examples and guidance on footwear to be given at orientation)
10. Ten (10) undershorts, color white
11. Ten (10) undershirts, v-neck, color white
12. Females only: Five (5) color white brassieres and five (5) color white athletic brassieres
13. One (1) shoeshine kit with black shoe polish
14. Three (3) ball point pens with black ink
15. One (1) permanent black marker
16. One (1) white indelible ink marker
17. Two (2) sweatpants, gray, with pockets, no logo
18. Two (2) sweatshirts, crew neck, gray, no logo, no hoods
19. One (1) winter running hat, black, no logo, beanie or watch cap style, lightweight
20. One (1) pair running gloves, black, no logo

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21. Two (2) pair of compression shorts, black
22. Five (5) cotton gym shorts, with pockets, light gray
23. Five (5) crew neck t-shirts, light gray, no logo
24. One (1) package 3x5 index cards
25. One (1) small lock box capable of holding prescribed medications, wallet and car keys
26. One (1) shaving kit (empty, capable of holding toiletry items)
27. One (1) canvas military style (sea bag) duffle bag, olive drab, with two shoulder straps
28. One (1) set of long underwear (top (crew neck) & bottom), white
29. \$6.00 cash (exact change) for haircut
30. Trainee manual (will be provided at orientation session or uniform fitting session)
31. Any required, prescribed medications in original labeled prescription bottle
32. One (1) 8 1/2 x 11, one-subject notebook, spiral bound, blue cover, college ruled, 100 perforated sheets
33. One (1) 12" ruler, wooden

2. The above items will be packed into the canvas military style duffle bag with two shoulder straps (*item 27*). This item is available at any Army/Navy Store or at numerous sites online. The duffle bag will be brought to the Academy on Day 1 of the training program by the trainee. All fragile or breakable items listed above must be protected against breakage within the duffle bag.

3. All items on the check list will be marked with permanent marker in the following manner:

**Last Name, First Initial.** (Example: **Smith, R.**)

Clothing will be marked on the inside so the writing will not be visible from the outside.

The gray PT sweatshirts and t-shirts will be marked in the following manner:

- a. The back and front of the sweatshirts and t-shirts will be stenciled with the trainee's last name only.
- b. Letters will be black, 2" in height for the back, 1" in height for the front.
- c. Upper case, block style.
- d. The name will be centered.
- e. The top edge of the letters shall be 6 inches down from the lowest point of the crew neck seam.

4. Trainees are strongly encouraged to obtain flu shots prior to entering the Academy. By getting the flu vaccine, you can protect yourself from influenza and may also avoid spreading influenza to others. It takes up to two weeks for protection to develop after the shot. Influenza can occur at any time, but most influenza occurs from October through May. In recent seasons, most infections have occurred in January and February. Consult your doctor, if necessary.

5. Please read the above instructions carefully. Any questions about this equipment list will be answered at the orientation session. It is imperative that you bring only the items that you see on this list.

Captain David H. Otte  
Commandant  
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